



Seldovia Gazette

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Seldovia, AK

14 °F / -10 °C

Partly Cloudy
at 10:53 PM



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Thursday, Oct. 29, 2009

Just another day in paradise

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Our Local Police Report

Submitted by Andy Anderson - Seldovia Chief of Police

PO Box 85, Seldovia, Alaska 99663

Office # 907-234-7640 Fax # 907-234-7883

Email: selpd@xyz.net

Call 911 for emergencies or assistance

The following report covers Police related business for the time period of 10/14 -10/29/2009.

- * Police were asked to block Frank Raby Drive for a dynamite blast in a gravel pit in the East Addition. The blast was completed without incident.
- * A small black bear was repeatedly sighted in the East Addition so Police baited and set the bear trap. The bear trap was found to be functional when a small dog partook of the bear food but no bears seemed interested.
- * A hit & run accident was reported and investigation into the matter found a utility trailer, some lumber that was aboard and a pickup truck all suffered damage in the accident. A suspect was questioned and, before the investigation could be completed, the man quit his job and left Seldovia. Charges of Reckless Driving and Leaving the Scene of an Accident were charged and a Bench Warrant was requested through the Homer Court. The Court did issue a Bench Warrant in the amount of \$1000, cash only bail and the subject will be arrested when any Police Officer in the State has contact with him.
- * A 5 gallon can of oil left on the roadway had been over turned, causing an oil spill. At the request of the Police Department City Maintenance personnel cleaned up the spill.
- * DOT personnel reported a barricade was thrown off the Slough Bridge and a traffic cone is missing. The barricade was observed in the water below the bridge and was salvaged.
- * A man was stopped and given a verbal warning after he was observed running his dog beside his 4-wheeler. The Animal Control Ordinance is specific in that no exercising of dogs from a moving vehicle is permitted.
- * Police responded and assisted the Fire/EMS Department in the medi-vac of a man to the Homer Hospital from the Seldovia Clinic.
- * Police responded to a report of a roll over accident on Rocky Road and the investigation led to the arrest of a man on charges of Driving Under the Influence. He was further charged with Negligent Driving. The subject was released on a \$500 unsecured bond with conditions that he consumes no alcohol, stays out of bars, obey all laws and ordinances and appear for all Court Hearings. Arraignment was set for November 3rd at the Homer Court.
- * A number of reports of dump trucks hauling rock and driving too fast were received. Police contacted the driver of one of the trucks and warned him against excessive speed on the narrow roads. The Superintendent of the project was also contacted and the reports of excessive speed of the trucks have since been minimal.
- * A report of residents being awakened during late night hours, due to the noise of the construction underway at the airport, was received and a meeting with the Superintendent took place. Police were informed they are attempting to beat the snow and freezing temperatures. They were told after 10:00 pm until 7:00 am they must work quietly and not awaken those trying to get a good night's sleep. A teleconference was held between the City Manager, Police and key personnel running the job and everyone now knows what is expected. Hopefully there will be no more violations.
- * A man who was charged with DUI pled guilty and was sentenced to 3 days in jail, alcohol screening and must abide by their

findings, received a \$1500.00 fine, \$100.00 jail surcharge, \$50 Police Training Fund charge, must pay \$330 for the cost of imprisonment, loss of driving privilege for 90 days, must have an ignition interlock device affixed to his vehicle for 1 year when he does get his driver's license reinstated and he was placed on probation for 1 year wherein he cannot commit any criminal offenses. (This folks, if the minimums for a first DUI offense. You don't want to know what the 2nd offense sentence is.)

* A local man was charged with Furnishing Liquor to Minors and Contributing to the Delinquency of a Minor. At arraignment he pled guilty to Furnishing Liquor to Minors and the District Attorney dismissed the Contributing to the Delinquency of Minors charge. He was sentenced to 10 days in jail and a \$50.00 surcharge. He was placed on probation for 1 year wherein he can have no jailable offenses. He must undergo alcohol screening. An option of 80 hours Community Work Service (CWS) can be done in lieu of jail time. A remand hearing is set before the Homer Court on 01/05/10 and he will be remanded to jail for any CWS that is not completed.

* A transport permit was issued to a local contractor so he could transport explosives from the Seldovia Airport to his explosives magazine.

* Five minors were charged with Minors Consuming Alcohol. Two pled not guilty and are awaiting trials while three pled guilty. The three were sentenced to a \$50.00 surcharge, and a \$200.00 fine which they can satisfy with CWS at \$6.25 per hour. All were placed on probation for one year. The second conviction carries a much more severe penalty and the person loses their driving privileges.

Winter is again rearing its head and this brings with it some hazards we all should be aware of. Our children walk to school, for the most part, and the streets become slick and its dark out there. As drivers we need to be more alert, drive slower and run with our headlights illuminated. I see a lot of people driving without lights often when they should have them on. It doesn't cost any more to drive with the headlights on and its been proven time and again that it saves lives. It makes others more aware of your presence and it should be a standard practice. Halloween is just around the corner so be mindful of all the youngsters on the streets going for the candy this weekend.

Tips From Andy...

Prevention...good advice

Dr. Vinay Goyal is an MBBS,DRM,DNB (Intensivist and Thyroid specialist) having clinical experience of over 20 years. He has worked in institutions like Hinduja Hospital ,Bombay Hospital ,Saifee Hospital , Tata ,Memorial etc.. Presently, he is heading our Nuclear Medicine Department and Thyroid clinic at Riddhivinayak Cardiac and Critical Centre, Malad (W). The following message given by him makes a lot of sense and is important for all to know.

The only portals of entry are the nostrils and mouth/throat. In a global epidemic of this nature, it's almost impossible to avoid coming into contact with H1N1 in spite of all precautions. Contact with H1N1 is not so much of a problem as proliferation is.

While you are still healthy and not showing any symptoms of H1N1 infection, in order to prevent proliferation, aggravation of symptoms and development of secondary infections, some very simple steps, not fully highlighted in most official communications, can be practiced (instead of focusing on how to stock N95 or Tamiflu):

1. Frequent hand-washing (well highlighted in all official communications).
2. "Hands-off-the-face" approach. Resist all temptations to touch any part of face (except to eat or bathe).
3. *Gargle twice a day with warm salt water (use Listerine if you don't trust salt). *H1N1 takes 2-3 days after initial infection in the throat/ nasal cavity to proliferate and show characteristic symptoms. gargling prevents proliferation. In a way, gargling with salt water has the same effect on a healthy individual that Tamiflu has on an infected one. Don't underestimate this simple, inexpensive and powerful preventative method.
4. Similar to 3 above, *clean your nostrils at least once every day with warm salt water. *Not everybody may be good at using a Neti

pot to clean nasal cavities, but *blowing the nose hard once a day and swabbing both nostrils with cotton buds dipped in warm salt water is very effective in bringing down viral population.*

5.. *Boost your natural immunity with foods that are rich in Vitamin C (Amla and other citrus fruits). *If you have to supplement with Vitamin C tablets, make sure that it also has Zinc to boost absorption.

6. *Drink as much of warm liquids (tea, coffee, etc) as you can. *Drinking warm liquids has the same effect as gargling, but in the reverse direction. They wash off proliferating viruses from the throat into the stomach where they cannot survive, proliferate or do any harm.

**Can you tell when you are in a hotel room, restroom, motel etc. with a mirror,
whether it is in fact a mirror or 2-way glass?**

Do you know how to determine if a mirror is 2-way or not? This is not to scare you, but to make you aware. A policewoman who travels all over the U.S. and gives seminars and techniques for businesswomen passed this on. When we visit toilets, bathrooms, hotel rooms, changing rooms, etc., how many of you know for sure that the seemingly ordinary mirror hanging on the wall is a real mirror, or actually a 2-way mirror (i.e., they can see you, but you can't see them)? There have been many cases of people installing 2-way mirrors in female changing rooms. It is very difficult to positively identify the surface by just looking at it.

So, how do we determine with any amount of certainty what type of mirror we are looking at? Just conduct this simple test: Place the tip of your fingernail against the reflective surface and if there is a GAP between your fingernail and the image of the nail, then it is a GENUINE mirror. However, if your fingernail DIRECTLY TOUCHES the image of your nail, then BEWARE, FOR IT IS A 2-WAY MIRROR!

"No Space, Leave the Place" So remember, every time you see a Mirror, do the "fingernail test." It doesn't cost you anything.

Remember: "No Space, Leave the Place"

Ladies: Share this with your girlfriends, sisters, daughters, etc.

Men: Share this with your wives, daughters, daughters-in-law, mothers, girlfriends and friends.