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## Volleyball and Wrestling starts at SBE

by Joy Smith

Practice for the volleyball and wrestling teams started on Monday September 21. The volleyball team is made up of Emily Haynes, Joy Smith, Molly Chapman, Jennifer Giles, Naomi Gallien, Alyssa Burt, Kristy Gallien, and Kate O'Leary. The team is coached by Ila Dillon whose goal in practice is for the team to learn how to play their positions well and play well together. Their first game will be a home scrimmage against Homer High's two C volleyball teams. There will be two games on Friday, September 23. The first will be at 7:30P.M. and the second will be at 8:30P.M. There will also be two games on Saturday. The first will be at 10:30A.M, and the second game will be at 11:30AM. The wrestling team is made up of Paul O'Leary, Tim O'Leary, Joel Blodgett, Josh Blodgett, Jordan Geagel, Levi West-Harkness, and Tyler Tucker.

The wrestling team is coached by Dan Blodgett. The schedules of matches for the wrestling and volleyball teams haven't been finalized, but as soon as I can I will post the schedules.



Coach Dan Blodgett in teaching mode.



Coach Dan calls this a "sumo drill". This drill "teaches the wrestler balance and weight transfer which enable wrestlers to use their opponents weight against them."

